

# Age-of-Information Dependent Random Access for Periodic Updating

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**Abstract**—This paper considers an uplink Internet of Things system with periodic traffic where multiple devices generate their status updates at the beginning of each global frame and attempt to send them to a common access point. To achieve a low network-wide age of information (AoI) in an easily implementable manner, we require each device to adopt an age-dependent random access (ADRA) protocol, i.e., to transmit with a certain probability only when its corresponding AoI reaches a certain threshold. We analyze the time-average expected AoI by a multi-layer Markov model where an external infinite-horizon Markov chain manages the jumps between the beginnings of frames, while two internal finite-horizon Markov chains manage the evolution during an arbitrary frame for different cases. The previous modeling on ADRA under the generate-at-will traffic can be seen as a special case here. Simulation results verify the accuracy of the modeling and the AoI advantage over age-independent schemes.

**Index Terms**—Internet of Things, age of information, periodic update, random access.

## I. INTRODUCTION

Uplink Internet of Things (IoT) systems have witnessed a rapid growth in real-time services [1], such as emergency surveillance, target tracking, and process control. However, the timeliness requirements of status updating in these services *cannot* be characterized adequately by conventional performance metrics (e.g. throughput and delay). As such, as an important KPI in xURLLC [2], age of information (AoI) has been introduced in [3] to measure the freshness of information, i.e., the difference between the current time and the generation time of the currently newest received update. A fundamental issue in designing access protocols for optimizing AoI is that under a certain traffic pattern, how to schedule short status packets of a large population of devices in an easily implementable manner to achieve a low network-wide AoI.

Prior works [4]–[7] designed optimal or near-optimal policies under various traffic patterns in a centralized manner, which may be impractical for low-cost IoT devices due to a huge amount of signaling overhead for coordination. To overcome this limited applicability, under the generate-at-will traffic, [8]–[10] designed stationary randomized policies of slotted ALOHA, where each device adopts a certain transmission probability. [11], [12] further considered designing such policies under Bernoulli traffic and synchronous periodic traffic, respectively. [12] also proposed to allow each device to adjust the transmission probability according to the contention

level. However, these policies do not allow each device to utilize the local age knowledge to dynamically adjust the transmission probability, which may lead to AoI performance loss. Obviously, a successful update from a device with a larger corresponding age would contribute more to reducing the network-wide AoI. With this observation, [13]–[15] investigated age-dependent random access (ADRA), where each device adopts a fixed transmit probability only when its corresponding age reaches a fixed threshold, under the generate-at-will traffic. This work was extended in [16] to consider Bernoulli traffic and a more general ADRA scheme where each device adopts a dynamic transmission probability if its corresponding age gain reaches a fixed or dynamic threshold. To the best of the author’s knowledge, there is no previously known study on ADRA under periodic traffic.

To fill the gap in this field, this paper aims to provide an analytical modeling approach of ADRA under synchronous periodic traffic. Note that such traffic is common in closed-loop process control where multiple sensor nodes associated to a process are required to measure the plant outputs synchronously and periodically [17].

Compared to [12], [14], the technical difficulty of our work behind is to consider the mutual impact of periodic update generation and ADRA behavior in modeling, which is overcome by a multi-layer Markov model. Here an external infinite-horizon Markov chain manages the jumps between the beginnings of frames, while two internal finite-horizon Markov chains manage the evolution during an arbitrary frame for different cases. Note that the modeling approaches in [12], [14] can be seen as special cases here. Simulation results are presented to demonstrate the accuracy of the analytical modeling and the AoI advantage over the age-independent random access (AIRA) schemes studied in [12].

## II. SYSTEM MODEL

Consider a globally-synchronized uplink IoT system consisting of a common access point (AP) and  $N$  devices, indexed by  $\{1, 2, \dots, N\}$ . As shown in Fig. 1, the global channel time is divided into frames (indexed from frame 0), each of which consists of  $D$  consecutive slots. The slots in frame  $m$  are indexed from slot  $mD$  to  $(m + 1)D - 1$ . At the beginning of each frame, each device synchronously generates a single-slot update and does not generate updates at other time points.



By considering random channel errors due to wireless fading effect, we assume that an update is successfully transmitted with probability  $\sigma \in (0, 1]$  if its transmission does not overlap with other transmissions on the channel, and otherwise is certainly unsuccessfully transmitted. After a successful reception of an update of a device, the AP immediately sends an acknowledgement (ACK) to the device without errors. At the end of each frame, all the updates that have not been successfully transmitted will be discarded.

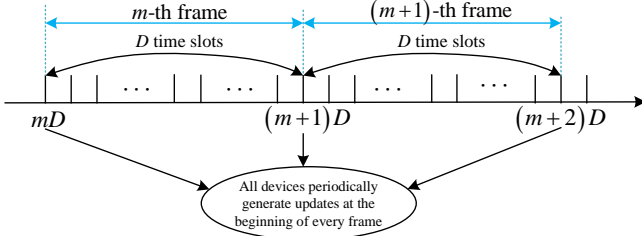


Fig. 1: Time Structure.

For each device  $n$ , its instantaneous AoI at the beginning of slot  $t$ , denoted by  $\Delta_{n,t}$ , is defined as the number of slots elapsed since the generation moment of its most recently successfully transmitted update. When slot  $t$  is in frame  $m$ , the evolution of  $\Delta_{n,t}$  with  $\Delta_{n,0} = 0$  can be expressed as

$$\Delta_{n,t+1} = \begin{cases} t+1 - mD, & \text{if the } m\text{-th update has been} \\ & \text{successfully transmitted,} \\ \Delta_{n,t} + 1, & \text{otherwise.} \end{cases} \quad (1)$$

The average AoI of device  $n$ , denoted by  $\Delta_n$ , is given by

$$\Delta_n = \lim_{T \rightarrow \infty} \frac{1}{T} \sum_{t=0}^T \Delta_{n,t}. \quad (2)$$

Owing to the ACK mechanism, each device  $n$  is able to be aware of the value of  $\Delta_{n,t}$  at the beginning of slot  $t$ . Then, following [14], we require each device  $n$  to deliver its updates according to the following ADRA protocol, that is,

- 1) keeps silent at slot  $t$  if  $\Delta_{n,t} < \delta$  where the age threshold  $\delta$  can be an arbitrary non negative integer.
- 2) otherwise transmits at the beginning of slot  $t$  with the probability  $0 < p_t \leq 1$ .

Following [12], we further consider two different settings for determining  $p_t$ :

- 1) the non-adaptive setting:  $p_t$  takes a fixed value in  $(0, 1]$ ,
- 2) and the adaptive setting:  $p_t = 1/u_t$  where  $u_t$  denotes the number of active devices at slot  $t$ . For each  $n \in \mathcal{N}$ , a device  $n$  called an active device if it has an update to send and  $\Delta_{n,t} \geq \delta$ . Assume that the value of  $u_t$  can be provided by the AP through the control channel [12], however, how the AP obtains such information is beyond the scope of this work. In the future, we will consider to estimate the value of  $u_t$  at the beginning of slot  $t$  by using Bayes' rule when all devices generate updates with a certain probability at the beginning of each frame.

### III. ANALYTICAL MODELING

The symmetric scenario described in Section II allows us to analyze the average AoI of an arbitrary tagged device to represent the network-wide average AoI. The main notations used in our analysis are listed in Table I. We adopt a multi-layer Markov model, where the external layer manages the jumps between the beginnings of frames, while the internal layer manages the evolution during an arbitrary frame. For analysis simplicity, we omit the device index, identify a slot  $t$  by the tuple  $(m, h)$  where  $m = \lfloor t/D \rfloor$  and  $h = t - mD$ , and write the age threshold  $\delta = \lambda D + \varepsilon$  where  $\lambda \in \mathbb{N}$  and  $\varepsilon \in \{0, 1, \dots, D-1\}$ . So  $u_t$  and  $p_t$  can be rewritten as  $u_{m,h}$  and  $p_{m,h}$ , respectively.

TABLE I: Main notations.

Notation	Description
$N$	Number of devices
$D$	Length of a frame (in time slots)
$\delta$	Age threshold (in time slots)
$p_t$	Transmission probability at the beginning of slot $t$
$u_t$	Number of active devices at slot $t$
$\sigma$	Transmission successful probability
$\alpha_{l,h}$	The probability that the tagged device transmits its $m$ -th update successfully in slot $(m, h)$ given $X_m = lD$
$\beta_l$	The probability that the tagged device transmits its $m$ -th update successfully in frame $m$ with $X_m = lD$
$\pi_{lD}$	The steady-state probability of $\mathbf{X}$ staying at state $lD$ for $l \in \mathbb{Z}^+$
$S_1(S_2)$	The number of devices (except the tagged device) whose age equals $\lambda D$ (exceeds $\lambda D$ ) at the beginning of an arbitrary frame $m$
$\alpha_{\lambda,h,s_1,s_2}$	The probability that the tagged device transmits its $m$ -th update successfully at slot $(m, h)$ when $X_m = \lambda D$ , $S_1 = s_1$ , and $S_2 = s_2$ .
$\alpha_{\lambda^+,h,s_1,s_2}$	The probability that the tagged device transmits its $m$ -th update successfully at slot $(m, h)$ when $X_m > \lambda D$ , $S_1 = s_1$ , and $S_2 = s_2$ .

#### A. External Layer

We first present a mathematical tool to model the external layer. Consider a state process  $\mathbf{X} \triangleq \{X_m, m \in \mathbb{N}\}$  with the initial state  $X_0 = 0$ , where  $X_m$  denotes the instantaneous AoI of the tagged device at the beginning of frame  $m$ . By Eq. (1), the evolution of  $X_m$  can be expressed as

$$X_{m+1} = \begin{cases} D, & \text{if the } m\text{-th update has been} \\ & \text{successfully transmitted,} \\ X_m + D, & \text{otherwise.} \end{cases} \quad (3)$$

By Eq. (3), we observe that the transition to the next state in  $\mathbf{X}$  depends only on the present state and not on the previous states. So,  $\mathbf{X}$  can be viewed as an external discrete-time Markov chain (DTMC) with the infinite state space  $\mathcal{X} \triangleq \{0, D, 2D, \dots\}$ .

For an arbitrary frame  $m$  with  $X_m = lD$ , let  $\alpha_{l,h}$  and  $\beta_l$  denote the probabilities that the tagged device transmits its  $m$ -th update successfully in slot  $(m, h)$  and in frame



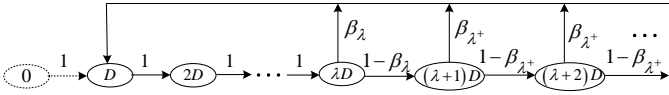


Fig. 2: The external DTMC  $\mathbf{X}$ .

$m$ , respectively. Obviously,  $\beta_l = \sum_{h=0}^{D-1} \alpha_{l,h}$ . So, the state transition probabilities of  $\mathbf{X}$  can be obtained as

$$R_{x,x'} \triangleq \Pr(X_{m+1} = x' | X_m = x) = \begin{cases} \beta_l, & \text{if } x' = D, x = lD, \\ 1 - \beta_l, & \text{if } x' = (l+1)D, x = lD, \\ 0, & \text{otherwise.} \end{cases} \quad (4)$$

We discuss possible values of  $\alpha_{l,h}$  and  $\beta_l$  based on the values of  $l$ ,  $\lambda$ , and  $\varepsilon$ . (i) When  $l < \lambda$ , the tagged device always keeps silent in frame  $m$ . So, we obtain  $\alpha_{l,h} = 0$  for  $l < \lambda$  and  $0 \leq h \leq D-1$ . (ii) When  $l = \lambda$ , the tagged device keeps silent at slot  $(m, h)$  for each  $0 \leq h < \varepsilon$ , and transmits its  $m$ -th update with probability  $p_{m,h}$  at the beginning of slot  $(m, h)$  when  $\varepsilon \leq h \leq D-1$  until the successful transmission. So, we obtain  $\alpha_{\lambda,h} = 0$  for  $0 \leq h < \varepsilon$  and  $0 < \alpha_{\lambda,h} \leq 1$  for  $\varepsilon \leq h \leq D-1$ . (iii) When  $l > \lambda$ , the tagged device transmits its  $m$ -th update with probability  $p_{m,h}$  at the beginning of slot  $(m, h)$  when  $0 \leq h \leq D-1$  until the successful transmission. Note that the tagged device behaves the same during frame  $m$  regardless of the value of  $X_m$  when  $X_m > \lambda D$ . So, we write  $\alpha_{l,h} = \alpha_{\lambda+,h}$  and  $\beta_l = \sum_{h=0}^{D-1} \alpha_{\lambda+,h} = \beta_{\lambda+}$  for all  $l > \lambda$ .

As shown in Fig. 2, the state 0 in  $\mathbf{X}$  is an ephemeral state only occurring when  $m = 0$ , while the remaining states are all in the same recurrent class. As  $m$  increases,  $\mathbf{X}$  will get absorbed in the recurrent class and it will stay there forever. Let  $\pi_{lD}$  denote the steady-state probability of  $\mathbf{X}$  staying at state  $lD$  for  $l \in \mathbb{Z}^+$ . By the state transition probabilities as shown in Fig. 2 and the balance equation  $\sum_{l=1}^{\infty} \pi_{lD} = 1$ , we can obtain

$$\pi_{lD} = \begin{cases} \frac{1}{\lambda + (1 - \beta_{\lambda})/\beta_{\lambda+}}, & \text{if } 1 \leq l < \lambda + 1, \\ \frac{1 - \beta_{\lambda}}{\lambda + (1 - \beta_{\lambda})/\beta_{\lambda+}}, & \text{if } l = \lambda + 1, \\ \frac{(1 - \beta_{\lambda})(1 - \beta_{\lambda+})^{l-\lambda-1}}{\lambda + (1 - \beta_{\lambda})/\beta_{\lambda+}}, & \text{if } l > \lambda + 1. \end{cases} \quad (5)$$

Then, for different states in  $\mathbf{X}$ , we consider the following two cases for evaluating the average AoI of the tagged device during an arbitrary frame  $m$  with  $X_m = lD$ .

**Case 1:** The tagged device transmits its  $m$ -th update successfully at slot  $(m, h)$  given  $X_m = lD$ . Let  $\Delta_{l,h}$  denote the average AoI of the tagged device during frame  $m$  when this event occurs. We have

$$\Delta_{l,h} = \frac{1}{D} \left( \sum_{j=0}^h (lD + j) + \sum_{j=h+1}^{D-1} j \right) = l(h+1) + \frac{D-1}{2}. \quad (6)$$

**Case 2:** The tagged device fails to transmit its  $m$ -th update successfully during frame  $m$  given  $X_m = lD$ . Let  $\Delta_{l,*}$  denote the average AoI of the tagged device during frame  $m$  when this event occurs. We have

$$\Delta_{l,*} = \frac{\sum_{h=0}^{D-1} (lD + h)}{D} = lD + \frac{D-1}{2}. \quad (7)$$

Based on the DTMC  $\mathbf{X}$  and Eqs. (6), (7), the average AoI for an arbitrary device  $n$  can be derived as

$$\begin{aligned} \Delta_n &= \sum_{l=1}^{\infty} \pi_{lD} \left( \sum_{h=0}^{D-1} \alpha_{l,h} \Delta_{l,h} + (1 - \beta_l) \Delta_{l,*} \right) \\ &= \sum_{l=1}^{\lambda-1} \pi_{lD} \Delta_{l,*} + \pi_{\lambda D} \left( \sum_{h=\varepsilon}^{D-1} \alpha_{\lambda,h} \Delta_{\lambda,h} + (1 - \beta_{\lambda}) \Delta_{\lambda,*} \right) \\ &\quad + \sum_{l=\lambda+1}^{\infty} \pi_{lD} \left( \sum_{h=0}^{D-1} \alpha_{\lambda+,h} \Delta_{l,h} + (1 - \beta_{\lambda+}) \Delta_{l,*} \right). \end{aligned} \quad (8)$$

In the following, we will derive  $\alpha_{\lambda,h}$  and  $\alpha_{\lambda+,h}$ , which are necessary to derive  $\Delta_n$  based on Eqs. (5)–(8).

### B. Internal Layer to Evaluate $\alpha_{\lambda,h}$

We now propose the internal layer to evaluate  $\alpha_{\lambda,h}$ .

Note that whether the tagged device can transmit its  $m$ -th update successfully depends on the behaviors of all active devices during frame  $m$ . Let two random variables  $S_1$ ,  $S_2$  denote the numbers of other devices (except the tagged device) whose age equals  $\lambda D$  and exceeds  $\lambda D$  at the beginning of an arbitrary frame  $m$ , respectively, and let  $\chi_{s_1,s_2}$  denote the joint probability mass function of  $S_1 = s_1$  and  $S_2 = s_2$ .

Let  $\alpha_{\lambda,h,s_1,s_2}$  denote the probability that the tagged device transmits its  $m$ -th update successfully at slot  $(m, h)$  when  $X_m = \lambda D$ ,  $S_1 = s_1$ , and  $S_2 = s_2$ . Then, based on the multinomial distribution, we have

$$\alpha_{\lambda,h} = \sum_{s_1=0}^{N-1} \sum_{s_2=0}^{N-1-s_1} \chi_{s_1,s_2} \alpha_{\lambda,h,s_1,s_2}, \quad (9)$$

where

$$\begin{aligned} \chi_{s_1,s_2} &= \binom{N-1}{s_1} \binom{N-1-s_1}{s_2} \\ &\quad \times \pi_{\lambda D}^{s_1} \left( \sum_{l=\lambda+1}^{\infty} \pi_{lD} \right)^{s_2} \left( \sum_{l=1}^{\lambda-1} \pi_{lD} \right)^{N-1-s_1-s_2} \\ &= \frac{(N-1)!}{s_1! s_2! (N-1-s_1-s_2)!} \\ &\quad \times \pi_{\lambda D}^{s_1} \left( \sum_{l=\lambda+1}^{\infty} \pi_{lD} \right)^{s_2} \left( \sum_{l=1}^{\lambda-1} \pi_{lD} \right)^{N-1-s_1-s_2}. \end{aligned} \quad (10)$$

Define  $\mathbf{Y} \triangleq \{Y_h, h = 0, 1, \dots, D\}$  as a non-homogeneous absorbing DTMC with the finite state space  $\mathcal{Y} \triangleq \{0, 1, \dots, s_1 + s_2, suc\}$ , as shown in Fig. 3. The states  $Y_h = y$  with  $0 \leq y \leq s_1 + s_2$  are transient states indicating that the tagged device has not transmitted its  $m$ -th update successfully while other  $y$  devices have transmitted their  $m$ -th updates successfully at the beginning of slot  $(m, h)$  when



$X_m = \lambda D$ . The state  $suc$  is an absorbing state indicating that the tagged device has transmitted its  $m$ -th update successfully at the beginning of slot  $(m, h)$  when  $X_m = \lambda D$ . For convenience, the slot index  $(m, D)$  is used to denote the slot index  $(m+1, 0)$  here. Denote the time-varying state transition probabilities in  $\mathbf{Y}$  by

$$T_{y,y',h} \triangleq \Pr(Y_{h+1} = y' | Y_h = y) \quad (11)$$

for  $0 \leq h \leq D-1$ ,  $y, y' \in \mathcal{Y}$ . We consider the following two cases for determining  $T_{y,y',h}$  based on the values of  $h$  and  $\varepsilon$ .

Case 1: When  $0 \leq h < \varepsilon$ , there are  $s_2 - y$  competing devices (excluding the tagged device) in the system when  $Y_h = y$ . So, we have

$$T_{y,y',h} = \begin{cases} 1 - (s_2 - y)\sigma p_{m,h}(1 - p_{m,h})^{s_2 - y - 1}, & \text{if } 0 \leq y \leq s_2 - 1, y' = y, \\ (s_2 - y)\sigma p_{m,h}(1 - p_{m,h})^{s_2 - y - 1}, & \text{if } 0 \leq y \leq s_2 - 1, y' = y + 1, \\ 1, & \text{if } y' = y = s_2 \text{ or } y' = y = suc, \\ 0, & \text{otherwise,} \end{cases} \quad (12)$$

for all  $y, y' \in \mathcal{Y}$ . Here we have  $u_{m,h} = s_2 - y$ .

Case 2: When  $\varepsilon \leq h \leq D-1$ , there are  $s_1 + s_2 + 1 - y$  competing devices (including the tagged device) in the system when  $Y_h = y$ . So, we have

$$T_{y,y',h} = \begin{cases} 1 - \sigma(s_1 + s_2 + 1 - y)p_{m,h}(1 - p_{m,h})^{s_1 + s_2 - y}, & \text{if } 0 \leq y \leq s_1 + s_2, y' = y, \\ (s_1 + s_2 - y)\sigma p_{m,h}(1 - p_{m,h})^{s_1 + s_2 - y}, & \text{if } 0 \leq y \leq s_1 + s_2 - 1, y' = y + 1, \\ \sigma p_{m,h}(1 - p_{m,h})^{s_1 + s_2 - y}, & \text{if } 0 \leq y \leq s_1 + s_2, y' = suc, \\ 1, & \text{if } y' = y = suc, \\ 0, & \text{otherwise,} \end{cases} \quad (13)$$

for all  $y, y' \in \mathcal{Y}$ . Here we have  $u_{m,h} = s_1 + s_2 + 1 - y$ .

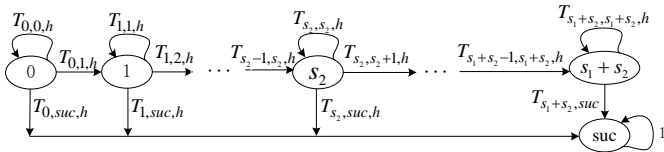


Fig. 3: The internal absorbing DTMC  $\mathbf{Y}$ .

Let  $\varphi_h$  denote the state vector of  $Y_h$ , where the  $i$ -th element corresponds to the state  $i-1$  for  $1 \leq i \leq s_1 + s_2 + 1$  and the last element corresponds to the state  $suc$ . Then, given the initial state vector  $\varphi_0 \triangleq (1, 0, 0, \dots, 0)$  and the time-varying transition matrix  $\mathbf{T}_h$  based on Eqs. (11)–(13), by applying a simple power method, we have

$$\varphi_{h+1} = \varphi_0 \prod_{j=0}^h \mathbf{T}_j, \quad (14)$$

$$\alpha_{\lambda,h,s_1,s_2} = \varphi_{h+1}(s_1 + s_2 + 2) - \varphi_h(s_1 + s_2 + 2), \quad (15)$$

for all  $0 \leq h \leq D-1$  and  $0 \leq s_1, s_2 \leq N-1$ .

### C. Internal Layer to Evaluate $\alpha_{\lambda+,h}$

We introduce the internal layer to evaluate  $\alpha_{\lambda+,h}$ .

Let  $\alpha_{\lambda+,h,s_1,s_2}$  denote the probability that the tagged device transmits its  $m$ -th update successfully at slot  $(m, h)$  when  $X_m > \lambda D$ ,  $S_1 = s_1$ , and  $S_2 = s_2$ . We express  $\alpha_{\lambda+,h}$  as

$$\alpha_{\lambda+,h} = \sum_{s_1=0}^{N-1} \sum_{s_2=0}^{N-1-s_1} \chi_{s_1,s_2} \alpha_{\lambda+,h,s_1,s_2}, \quad (16)$$

Similarly, define  $\mathbf{Z} \triangleq \{Z_h, h = 0, 1, \dots, D\}$  as a non-homogeneous absorbing DTMC with the finite state space  $\mathcal{Z} \triangleq \{0, 1, \dots, s_1 + s_2, suc\}$ . The states  $Z_h = z$  with  $0 \leq z \leq s_1 + s_2$  are transient states indicating that the tagged device has not transmitted its  $m$ -th update successfully while other  $z$  devices have transmitted their  $m$ -th updates successfully at the beginning of slot  $(m, h)$  when  $X_m > \lambda D$ . The state  $suc$  is an absorbing state indicating that the tagged device has transmitted its  $m$ -th update successfully at the beginning of slot  $(m, h)$  when  $X_m > \lambda D$ . Denote the time-varying state transition probabilities in  $\mathbf{Z}$  by

$$Q_{z,z',h} \triangleq \Pr(Z_{h+1} = z' | Z_h = z) \quad (17)$$

for  $0 \leq h \leq D-1$ ,  $z, z' \in \mathcal{Z}$ . We consider the following two cases for determining  $Q_{z,z',h}$  based on the values of  $h$  and  $\varepsilon$ .

Case 1: When  $0 \leq h < \varepsilon$ , there are  $s_2 + 1 - z$  competing devices (including the tagged device) in the system with  $Z_h = z$ . So, we have

$$Q_{z,z',h} = \begin{cases} 1 - (s_2 + 1 - z)\sigma p_{m,h}(1 - p_{m,h})^{s_2 - z}, & \text{if } 0 \leq z \leq s_2, z' = z, \\ (s_2 - z)\sigma p_{m,h}(1 - p_{m,h})^{s_2 - z}, & \text{if } 0 \leq z \leq s_2 - 1, z' = z + 1, \\ \sigma p_{m,h}(1 - p_{m,h})^{s_2 - z}, & \text{if } 0 \leq z \leq s_2, z' = suc, \\ 1, & \text{if } z' = z = suc, \\ 0, & \text{otherwise.} \end{cases} \quad (18)$$

for all  $z, z' \in \mathcal{Z}$ . Here we have  $u_{m,h} = s_2 + 1 - z$ .

Case 2: When  $\varepsilon \leq h \leq D-1$ , there are  $s_1 + s_2 + 1 - z$  competing devices (including the tagged device) in the system with  $Z_h = z$ . So, we have

$$Q_{z,z',h} = T_{z,z',h}, \quad (19)$$

for all  $z, z' \in \mathcal{Z}$ .

Let  $\theta_h$  denote the state vector of  $Z_h$ . Then, given the initial state vector  $\theta_0 \triangleq (1, 0, 0, \dots, 0)$  and the time-varying transition matrix  $\mathbf{Q}_h$  based on Eqs. (17)–(19), we have

$$\theta_{h+1} = \theta_0 \prod_{j=0}^h \mathbf{Q}_j, \quad (20)$$

$$\alpha_{\lambda+,h,s_1,s_2} = \theta_{h+1}(s_1 + s_2 + 2) - \theta_h(s_1 + s_2 + 2), \quad (21)$$

for all  $0 \leq h \leq D-1$  and  $0 \leq s_1, s_2 \leq N-1$ .



#### D. Evaluation of $\Delta_n$

Now we are ready to compute  $\Delta_n$  by connecting the internal and external layers proposed in previous subsections.

Jointly considering  $\beta_\lambda = \sum_{h=0}^{D-1} \alpha_{\lambda,h}$ ,  $\beta_{\lambda+} = \sum_{h=0}^{D-1} \alpha_{\lambda+,h}$ , and Eqs. (5), (9), (10), (16), we obtain nonlinear equations for  $\beta_\lambda$  and  $\beta_{\lambda+}$ , which can be solved by numerical methods. With the solutions of  $\beta_\lambda$  and  $\beta_{\lambda+}$ , we can then obtain the steady-state probabilities given in Eq. (5) and the values of  $\alpha_{\lambda,h}$ ,  $\alpha_{\lambda+,h}$  given in Eqs. (9), (16). Finally, we can obtain the average AoI for an arbitrary device  $n$  given in Eq. (8).

*Remark 1:* When the period  $D = 1$  (i.e., the generate-at-will traffic), the transmission successful probability  $\sigma = 1$  and  $p_t$  takes a fixed value, we note

$$\begin{aligned} \beta_\lambda &= \beta_{\lambda+} = \alpha_{\lambda,0} = \alpha_{\lambda+,0} \\ &= \sum_{s_1=0}^{N-1} \sum_{s_2=0}^{N-1-s_1} \chi_{s_1,s_2} p_{m,0} (1 - p_{m,0})^{s_1+s_2} \\ &= p_{m,0} (1 - p_{m,0} \sum_{l=\lambda}^{\infty} \pi_{lD})^{N-1}. \end{aligned} \quad (22)$$

So our modeling approach is reduced to that in [14] for  $D = 1$ .

*Remark 2:* When the age threshold  $\delta = 0$  and the transmission successful probability  $\sigma = 1$ , we can drop the subscript  $l$  of  $\beta_l$  and have  $\pi_{lD} = \beta(1-\beta)^{l-1}$  for  $l \in \mathbb{Z}^+$  since  $\beta_l$  is independent of  $l$ . So, our modeling approach is reduced to that in [12] for analyzing AIRA.

*Remark 3:* For the non-adaptive setting of  $p_t$ , the age threshold  $\delta$  and fixed  $p_t$  should be jointly optimized to achieve good performance. With some performance loss, one also can choose a reasonable fixed  $p_t$  and optimize  $\delta$  based on a one-dimensional search. For the adaptive setting of  $p_t$ , only  $\delta$  needs to be optimized under  $p_t = 1/u_t$  by a one-dimensional search at the cost of additional overhead for determining  $u_t$ .

#### IV. NUMERICAL RESULTS

We compare the analytical and stimulative results of the proposed ADRA, and then examine the performance advantage over AIRA [12] under adaptive and optimal non-adaptive settings of  $p_t$  as described in section II. The scenarios considered in the simulations are in accordance with the descriptions in Section II. We shall vary the network configuration over a wide range to investigate the impact of system parameters (i.e., the age threshold  $\delta$ , the period  $D$ , and the transmission successful probability  $\sigma$ ) on the average AoI. Each result is an average in 10 independent numerical experiments, each of which lasts for  $10^6$  frames. Fig. 4 shows the network-wide average AoI as a function of the age threshold  $\delta$  when  $N = 50$ ,  $\sigma = 0.9$  and  $D = 20, 40$ . The curves indicate that our analytical modeling is accurate in all the cases. We observe that under each setting of  $p_t$ , the AoI of ADRA always first decreases with  $\delta$  and then increases with  $\delta$ . This is because small  $\delta$  would lead to severe contention while large  $\delta$  would lead to few transmission opportunities. Hence, selecting the optimal  $\delta$  enables the devices to utilize the channel more efficiently. We further observe

that ADRA with optimal  $\delta$  always significantly outperforms the AIRA: 29.95%–36.91% improvement under optimal fixed  $p_t$ , 35.62%–42.27% improvement under  $p_t = 1/u_t$ . These comparisons confirm the effectiveness of introducing  $\delta$ , which facilitates coordination among the devices as the devices with higher AoI transmit with more opportunities while the devices with lower AoI keep silent, thus leading to a lower average network-wide AoI.

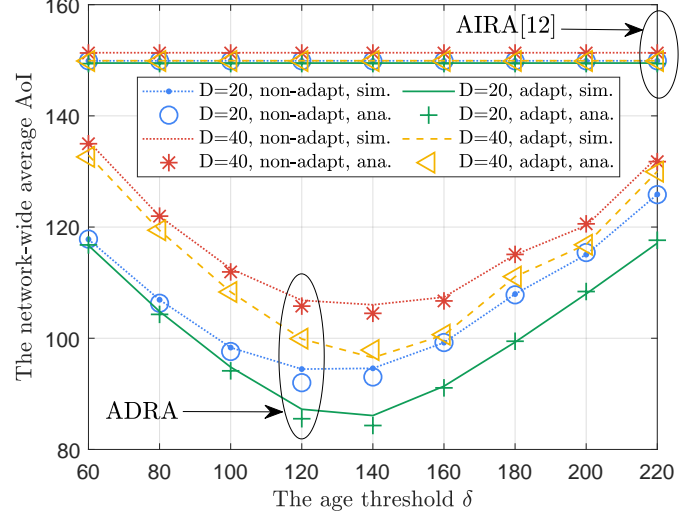


Fig. 4: The network-wide average AoI versus the age threshold  $\delta$  for  $N = 50$ ,  $\sigma = 0.9$  and  $D = 20, 40$ . Here the ADRA under the non-adaptive setting is obtained by searching optimal  $p_t$  under a given  $\delta$ .

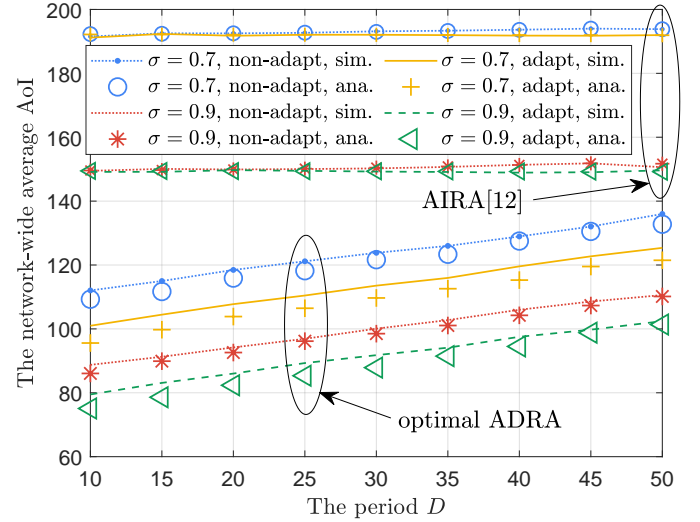


Fig. 5: The network-wide average AoI versus the period  $D$  for  $N = 50$  and  $\sigma = 0.7, 0.9$ . Here the optimal ADRA under the non-adaptive setting is obtained by searching optimal  $p_t$  and  $\delta$ , while the optimal ADRA under the adaptive setting is obtained by searching optimal  $\delta$  under  $p_t = 1/u_t$ .

Fig. 5 shows the network-wide average AoI as a function of



the period  $D$  when  $N = 50$  and  $\sigma = 0.7, 0.9$ . The curves verify the accuracy of our analytical modeling again. We observe that the AoI of AIRA keeps almost the same with  $D$ , while the AoI of optimal ADRA always increases almost linearly with  $D$ . This is because introducing  $\delta$  prioritizes those devices with larger AoI to transmit with less collisions, which mitigates the severe contention caused by small  $D$ , thus reinforcing the advantage of small  $D$ . We also observe that the optimal ADRA always outperforms AIRA in all cases: 26.58%–40.62% improvement under optimal fixed  $p_t$ , 31.55%–46.73% improvement under  $p_t = 1/u_t$ , which becomes smaller as  $D$  increases or  $N$  decreases. This is because the effect of introducing  $\delta$  to mitigate the contention becomes smaller under larger  $D$  or smaller  $N$ .

Fig. 6 shows the network-wide average AoI as a function of the transmission successful probability  $\sigma$  when  $N = 50$  and  $D = 20, 40$ . We observe that the network-wide average AoI decreases in all cases when the transmission successful probability  $\sigma$  increases. This is intuitive that better channel conditions are beneficial to achieve a smaller average AoI. We also observe that the optimal ADRA always outperforms AIRA in all cases: 29.63%–39.42% improvement under optimal fixed  $p_t$ , 33.83%–44.12% improvement under  $p_t = 1/u_t$ , which becomes smaller as  $\sigma$  increases. This is because appropriately introducing  $\delta$  would be useful to resist the risk of transmission failures for smaller  $\sigma$ .

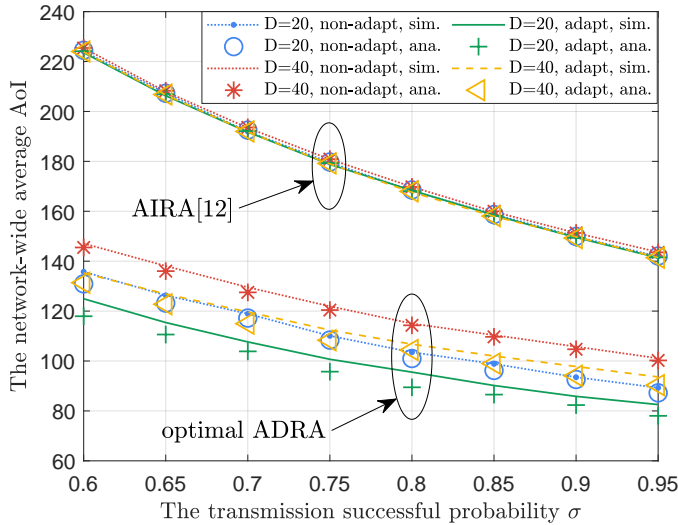


Fig. 6: The network-wide average AoI versus the transmission successful probability  $\sigma$  for  $N = 50$  and  $D = 20, 40$ .

## V. CONCLUSION

This paper has developed a multi-layer Markov modeling approach for evaluating the AoI of ADRA in an uplink IoT system with synchronous periodic updating. An external DTMC is used to manage the jumps between the beginnings of frames, while two internal absorbing DTMCs are used to manage the evolution during an arbitrary frame. Simulation results validated our theoretical study and confirmed the advantage over

AIRA. The results also revealed that different from AIRA [12], the optimal ADRA utilizes the benefit of short update period on the AoI efficiently, so that shorter update period is preferable to reduce the AoI. Some interesting research directions will be conducted in our future study: 1) extending the considered case to the scenario that each device independently generates a single-slot update with probability  $\tau \in (0, 1]$  at the beginning of each frame; 2) estimating the number of active devices at the beginning of slot  $t$  through the use of Bayes' rule.

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